

Know Your Cholesterol Results



Name:

Your current blood results

Date:

Total Cholesterol:

mmol/L

Triglycerides:

mmol/L

LDL:

mmol/L

Non-HDL:

mmol/L

LDL Cholesterol targets
as recommended by your
doctor

<1.8mmol/L

<1.4mmol/L

Your blood results

Date:

Total Cholesterol:

mmol/L

Triglycerides:

mmol/L

LDL:

mmol/L

Non-HDL:

mmol/L

Your Cholesterol lowering medication

You should have had your cholesterol profile rechecked after 3 months from initial treatment.

Target LDL is achieved.



Continue cholesterol therapy lifelong with annual cholesterol blood tests.

Target LDL is not achieved.



Speak to your GP about your cholesterol lowering medication.

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