

Seclusion Passports

A Quality Improvement Project to Reduce Restrictive Practices through Enhanced Communication



Nottinghamshire Healthcare
NHS Foundation Trust

Change identified

Staff observing seclusions, were not always fully informed as to why patients had been secluded. This highlighted a need for staff to have access to patients current risk information, communication needs, discussion topics and important information to enable observing staff to deliver effective care and this information needed to be portable.

Why is it important?

These passports can ensure a consistent approach, no matter which ward the patient was using seclusion, which can also reduce the impact, frequency and stay of patients requiring seclusion.

Overall reducing restrictive practices!

What Next?!

From this project we have since developed accessible PEEP Plans which are more functional to support our patient group!

What shall we do next?

Communicating In Seclusion with Danny



Risks



Important Information



Communication Needs



Discussion

Supporting Legislation

Out of sight – Who cares



Safe Wards - Bowers 2012



The HOPE(S) Model



No Force First



Implementation

The goal was to –
Reduce misunderstanding through better communication
Reduce restrictive practices such as restraint and seclusion
Increase understanding for both the patient & care giver
To be proactive rather than reactive

Creation of the Seclusion Passport

We included all members of the multi-disciplinary team, the input from the speech therapist was vital, along with the social communication autism workers, occupational therapist along with nursing.

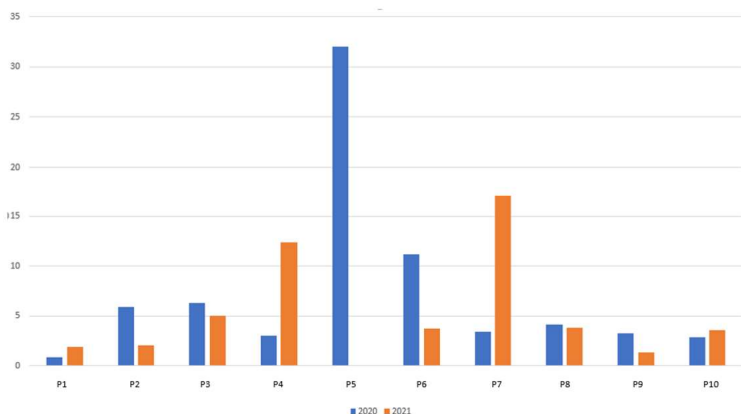
Information was collected from the following documents
Communication Passports, Sensory profile, Activity Timetable, Patient Debrief/diffusion paperwork and Crisis Plans

At the heart of this project is communication which is the main component of all nursing work

We agreed to a format that would provide information about:

Patients risk factors
Communication styles, support needed, etc.
Important information like allergies etc
Reasons for seclusion and discussion topics

The use of a seclusion passport is all about helping people with autism, a learning disability, mental health or sensory needs, the passport stays with the patient and provides practical and person centred information



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