

Welcome to **Recap Health**

Recap Health allows NHS patients to view, rate and comment on healthcare information sent by local NHS professionals.

Log in to your account

	Email address
	Password

☐ Remember me. Do not check this if you are using a shared or public computer.

Log in

[Forgot your password?](#)



Knowledge

Become more knowledgeable about your condition.



Self care

Learn self care strategies that will work.



24/7

Access accurate healthcare information 24/7 sent to you by your local NHS professionals.



Secure

Keep sensitive information protected using a personal password.

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Recap Health

health2works

*Recap Health: prescribing digital information
for health, wellbeing and recovery*



What is Recap? Why?

Quality assured information within 3 clicks

secure digital accounts for staff, patients/service users, carers and supporters

Library of content available for you to browse and use with your clients

Shared resources available across services and treatment pathways breaking down traditional service boundaries

Health hubs including Care Home, School, Self Help Support and General Practice Health Hubs

Multi-media content



Trusted, targeted information relevant to the person and their treatment, care or support

Self care and recovery: empowering people to take control of their own health and wellbeing

Scope and development for how you choose to deliver services



Star rating for
patients/carers and staff

'How to' Recap?



Health Worker 'Kate'

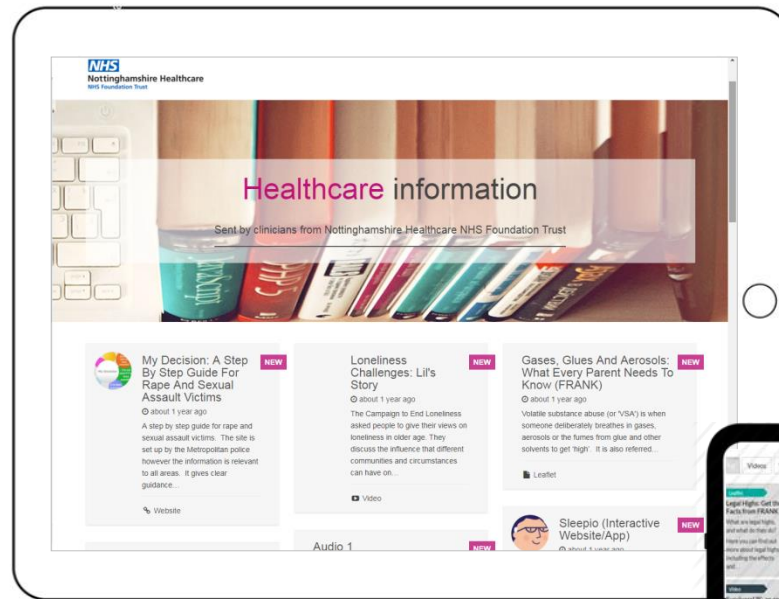
- ⇒ Discuss in consultation/visit
- ⇒ Prescribe information
- ⇒ Follow up at next visit

Media format

- ☐ leaflet
- ☐ video
- ☐ website
- ☐ app
- ☐ worksheet
- ☐ bundle
- ☐ audio
- ☐ elearning
- ☐ blogging

Service User 'Clara'

- ⇒ Information prescribed from health worker(s)
- ⇒ Accessible at any time
- ⇒ Read onscreen or print out
- ⇒ Read/complete activities
- ⇒ Discuss during next appointment



Multi-media content



Click link
to see it live -

See it live!

<http://recap.nottinghamshirehealthcare.nhs.uk>

NHS
Nottinghamshire Healthcare
NHS Foundation Trust

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[Site policies](#)

Terms of use policy

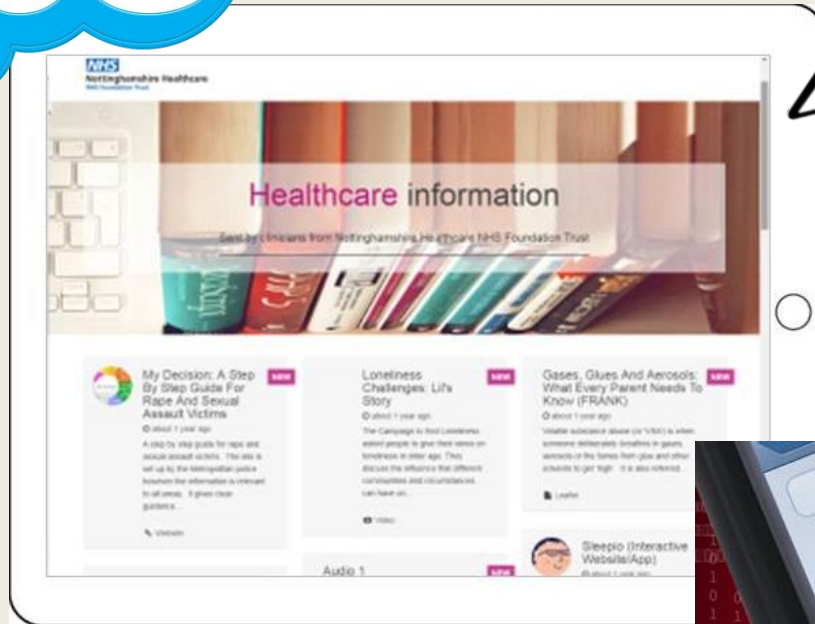
[Contact](#)

> Nottinghamshire Healthcare NHS Foundation Trust
Duncan Macmillan House

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Remote consultation: the future...? Or now...?



Click screen
to view film



Connection, Information, Motivation

Recap *Health*

Simple
TELEHEALTH

Florence

Any questions?

Recap sign in page (website):

<https://recap.nottinghamshirehealthcare.nhs.uk>

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