

Preventing problematic polypharmacy

Preventing Problematic Polypharmacy
Getting the balance right in older people and those with frailty

Health Innovation East Midlands
Local change, national impact

Getting the balance right in older people and those with frailty



48,208 people in the East Midlands are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£81.47m

reduction in healthcare utilisation*



434

admissions to hospital avoided



3,857

fewer bed days



£6.27m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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8,688 people in Derbyshire are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£14.68m

reduction in healthcare utilisation*



78

admissions to hospital avoided



695

fewer bed days



£1.13m

medicines savings

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11,244 people in Nottinghamshire are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£19.00m

reduction in healthcare utilisation*



101

admissions to hospital avoided



900

fewer bed days



£1.46m

medicines savings

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10,968 people in Lincolnshire are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£18.54m

reduction in healthcare utilisation*



99

admissions to hospital avoided



877

fewer bed days



£1.43m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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10,008 people in Leicester, Leicestershire & Rutland are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£16.91m

reduction in healthcare utilisation*



90

admissions to hospital avoided



801

fewer bed days



£1.30m

medicines savings

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7,300 people in Northamptonshire are aged 75+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£12.34m

reduction in healthcare utilisation*



66

admissions to hospital avoided



584

fewer bed days



£0.95m

medicines savings

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78,037 people in the East Midlands are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£131.88m

reduction in healthcare utilisation*



702

admissions to hospital avoided



6,243

fewer bed days



£10.14m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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13,974 people in Derbyshire are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£23.62m
reduction in
healthcare
utilisation*



126
admissions
to hospital
avoided



1,118
fewer bed
days



£1.82m
medicines
savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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18,683 people in Nottinghamshire are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£31.57m

reduction in healthcare utilisation*



168

admissions to hospital avoided



1,495

fewer bed days



£2.43m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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17,292 people in Lincolnshire are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£29.22m

reduction in healthcare utilisation*



156

admissions to hospital avoided



1,383

fewer bed days



£2.25m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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16,327 people in Leicester, Leicestershire & Rutland are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£27.59m
reduction in
healthcare
utilisation*



147
admissions
to hospital
avoided



1,306
fewer bed
days



£2.12m
medicines
savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.

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11,761 people in Northamptonshire are aged 65+ years and are prescribed 10 or more medicines.

If all identified patients received a Structured Medication Review, the potential benefits could include:



£19.88m

reduction in healthcare utilisation*



106

admissions to hospital avoided



941

fewer bed days



£1.53m

medicines savings

*Healthcare utilisation savings include avoided admissions, bed days and associated healthcare costs.