

Caring Together; Improving Safety Through Experiences

A Mental Health Learning Event *Inpatient focus*

Case Study

2025



East
Midlands
Alliance

for Mental Health Learning Disabilities and Autism

Health
Innovation
East Midlands

Local change, national impact



Welcome to the
Mental Health Learning
Event 2024

Areas of Focus

- Creating best practice guidance for seclusion
- Patient debrief in post incident review framework
- Review blanket restrictions on words, removing unnecessary rules
- Patient involvement in care planning

Our current
commissioning
Initial focus
guidance
seclusion

Caring Together: Improving Safety Through Experiences Learning

Mental Health Local Programme

Agenda and topics

Registration and networking

Welcome
Dr. Sanjith Kamath

Keynote: Working together to improve safety through lived experience contribution

Sue Wheatcroft, Andy Willis, Jenny Allen-Lynn and Jude Allen-Lynn

Patient safety improvement across the East Midlands

Senior Improvement Lead for Mental Health
Programme

Embedding Safety Planning

Preventing Suicide and Self-harm Community of Practice

Break and Networking

HEAR US: Enabling a purposeful debrief conversation

Jen Allen-Lynn, Jude Allen-Lynn and Hannah Jackson-Cox

Improving sexual safety: Delivering improvement

Julie Hitchen, Matthew Berridge and Richard Drakes

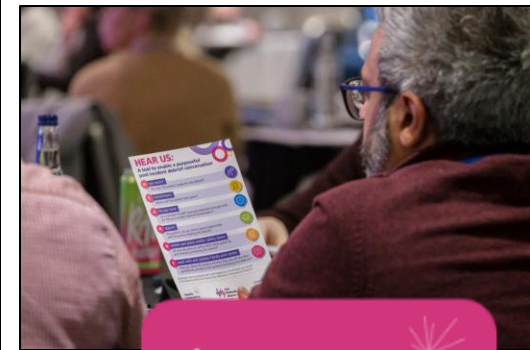
Lunch and Networking

Measurement for Improvement workshop

SBARD: A tool for effective escalation and communication in Mental Health settings

Chris Burke and Daniel Boulton-Jefferys

Summary and close



A large conference hall with a stage and audience. The stage features three large screens. The left and right screens display the text "YOU HAVE A VOICE AND THAT IS A VERY POWERFUL THING" with a graphic of a person speaking. The middle screen shows a speaker. The audience is seated at tables, facing the stage. The hall has a high ceiling with exposed lighting rigs and blue stage lighting.

Over **170** change ideas generated by delegates

100% of people said they improved knowledge skills and confidence on the topics

100% of delegates said what they learned would **positively** change their practice

"Powerful and brilliant"

"It was an opportunity to learn and develop"

"Really great opportunity to network and learn about what is happening across the network"

"Loved the lived experience contributions and hearing how much difference they are able to make in our region"

"The contributions from people with lived experience were inspiring and interesting."

"...evidence of collaboration across organisations coming to fruition"



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