

SEXUAL SAFETY ACROSS THE LOOKOUT

Analysis of our benchmarking processes identified a gap in our current sexual safety audit tool. It did not fully capture the needs of young people (YP) within our inpatient wards and the staff supporting them. The additional oversight helped us account for needs around developmentally appropriate interventions alongside navigating the complexities of being a YP within an inpatient environment. This included thinking about how YP might interact in an ever-growing digital world, whilst shaping their own identities alongside the experience of being away from family due to significant mental health difficulties.

• YOUNG PERSON CHARTER

Across the Lookout we are looking to work with YP and Equations to develop a charter on sexual safety that reflects their needs, respecting them as individuals and providing a platform for them to take control of how they might feel safe and supported during their time under our care.



• STAFF TRAINING

Conversations around sex can feel difficult or even taboo when working with YP – especially those who may have experienced sexual trauma. Supporting the implementation of the toolkit and staff training provides an opportunity to break down some of the barriers around these conversations, instilling confidence to ensure conversations are had in a more balanced and inclusive way.



• SOCIAL MEDIA

Social media was outlined in the audit as needing more focused work. Currently the Education Team provide 'Digital Citizenship' sessions for YP. These can be tailored to individual need and target specific risks. More ward-based work is required to support YP's understanding of the links between their sexual safety and social media use.



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