

Why the need for improvement?

CQC report (2018) highlighted significant under reporting of issues for MH inpatients, placing responsibilities onto Trusts to act

Of the 1325 Patient Safety Incidents for LPFT in 2018, only 17 related to sexual safety – suggesting under reporting

Feedback highlighted the need to put mechanisms in place to recognise, record and support with sexual safety issues.

Current LPFT incident reporting system had no Sexual Safety categories

Aims of Quality Improvement Project

To identify common themes and differences in age groups and environments

Provide a safe environment for our Patients, Staff and Carers

Develop a culture where sexual safety is recognised, reported and responded to

Feeling safe is openly discussed through a variety of forums

Ensure involvement and co-production is central to the development of change ideas

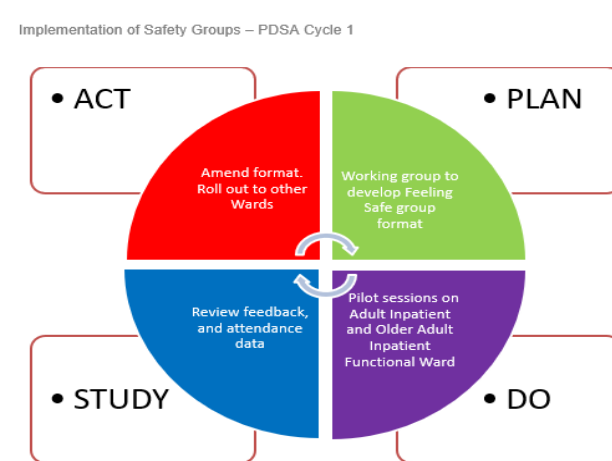
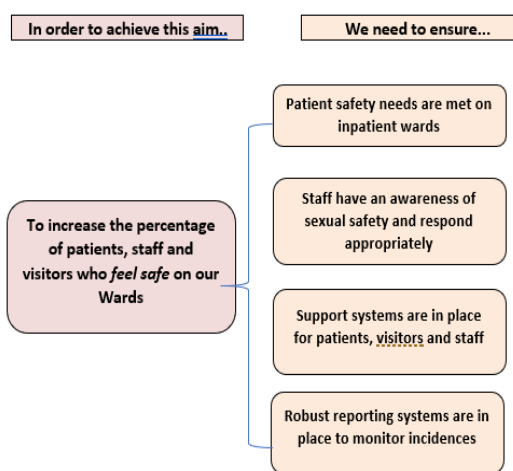
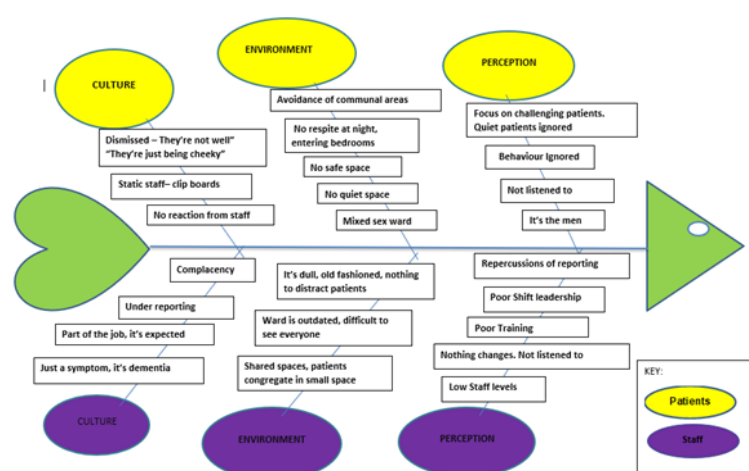
Why Is This Important For Us?

Initial focus groups and questionnaires highlighted sexual safety is a hidden issue, often reported as violence and aggression or not reported at all

Feedback highlighted Patients, Staff and Carers did not always *feel safe* on our wards or feel able to discuss sexual safety issues

Potential emotional impact on Patients, Carers and Staff on our Wards – affecting complaints, recovery, experience of services, staff absences and retention

Using Quality Improvement methodology to structure the project



Co-Producing Resources: developing terminology, creating a Ward Charter and stakeholders pose for photos!

Sexual Safety

We do not want you to feel uncomfortable, frightened or intimidated on our ward.

As well as serious incidents of sexual assault, this includes any behaviour such as inappropriate sexual remarks, gestures or physical advances which are unwanted and make you feel uncomfortable.



- We will support those who experience or witness disinhibited behaviour. This may include someone removing their clothing in a communal area or being unsuitably dressed.
- We will support you if there are any issues from your past that may be worrying you.
- We will create a personalised care plan with you to support you to feel sexually safe.
- If an incident occurs that upsets you, we will talk with you and listen to any concerns you have.

Feeling Safe on the Ward

Everyone has the right to feel safe from harm; this includes feeling emotionally, physically and sexually safe. On this ward, we do not want you to feel uncomfortable, frightened or intimidated in any way



Achievements to date

- Datix system amended
- Improved incident reporting
- Incident reports monitored and discussed at Trust-wide Sexual Safety Group
- Feeling Safe Groups established
- Daily Safety Huddles implemented
- Safety embedded in Care Plans, Ward Rounds, Supervisions
- Participation in National and Regional Collaboratives
- Presentations at national conferences

Next steps....

- Sexual Safety Awareness Week planned
- Training package for staff
- Further development of links with Lincoln University Nursing/AHP programmes
- Development of debriefs and reflective practice
- Trauma Informed Care Training roll-out

Ongoing monitoring and continuous quality improvement