



Mental
Health

Sexual Safety Workshop

Workshop co-produced by the sexual safety community of practice

 @EM_AHSN

www.emahsn.org.uk

Delivered by:

East Midlands
Patient Safety Collaborative

*The***AHSN***Network*

Led by:

NHS England
NHS Improvement

Facilitators

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Aims of session

- What is sexual Safety
- Background, why are we here?
- Breakout session to learn from each other
- Reflection and further discussion to improve understanding of sexual safety, increase awareness and confidence in taking this back to our own settings, and inform the further work of the Community of Practice

- This is a confidential space
- There are no silly questions
- Respect each other and allow different opinions
- No laptops, please be present and participate

What is sexual safety?

Individual

Physical, environmental,
relational and psychological safety

Culture

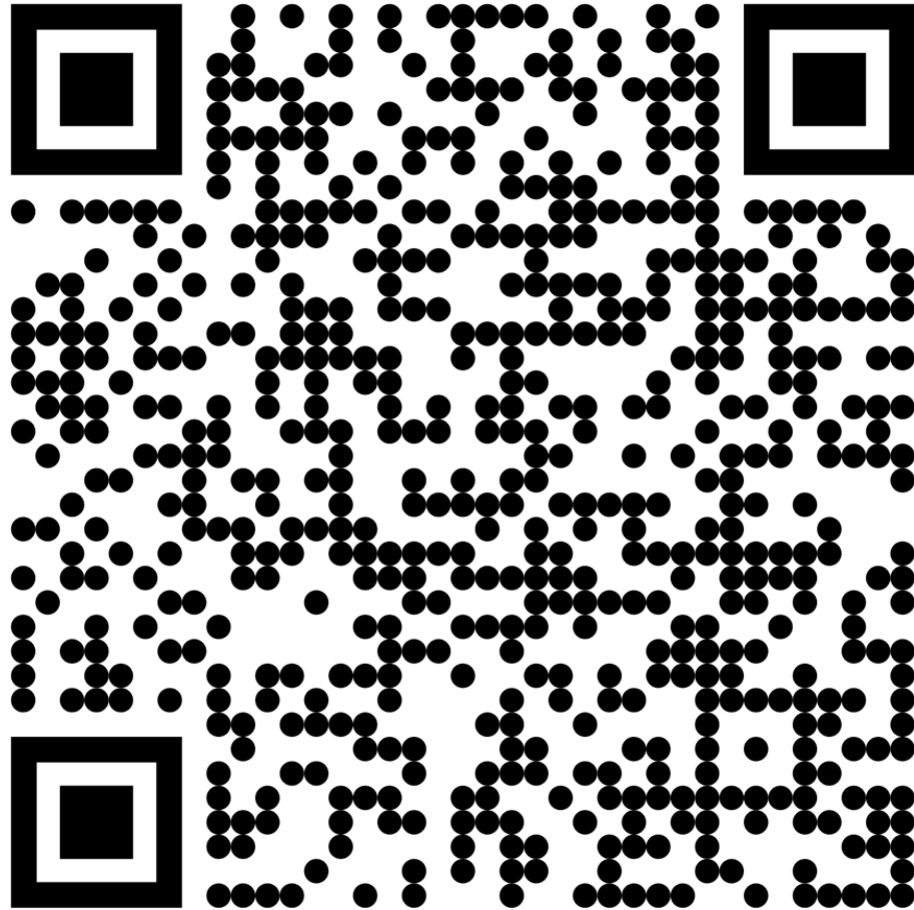
Offences / Abuse

Vulnerability

Sexual Safety: Feeling safe from any behaviours, circumstances or environments that a person might perceive to be a sexual harm to themselves. Feelings of sexual safety are individualised and each person will have different situations that may cause them to feel greater or lesser safety from sexual harm

https://www.rcpsych.ac.uk/docs/default-source/improving-care/nccmh/sexual-safety-collaborative/sexual-safety-collaborative---standards-and-guidance.pdf?sfvrsn=1eb6a5b7_2

Let's Start Talking about Sexual Safety



<https://www.youtube.com/watch?v=l87l6PW-06A>

Background: why focus on sexual safety?

- **2018 CQC report:** *raised concerns about sexual safety on mental health wards, echoed earlier reports. A global issue.*
- **2018-2021 National Collaborative:** *formed with Government backing to develop a set of standards, share practice and improve sexual safety*
- **Understanding the problem:** *remains under-reported, different perspectives, issues with categories and systems*
- **Limited to inpatient settings:** *Regional Collaborative and individual Trusts are extending the scope*

Useful documents:

[Sexual safety on mental health wards | CQC Public Website](#)

[Sexual Safety Collaborative | Royal College of Psychiatrists \(rcpsych.ac.uk\)](#)

'Hiding in plain sight': exploring the complexity of sexual safety within an acute mental health setting *by Julie McGarry*



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Breakout Session

- Person stories
- Shared discussions in small groups
- Identify a spokesperson from each group
- Capture your discussions
- Feedback / discussions:
 - *What could we do to improve everyone's experience of sexual safety incidents?*
 - *What are the barriers?*
 - *Are there similarities between the age groups?*
- Further discussion
 - *What can you take away from the session?*
 - *What is being done currently*

What now...

- What can you/we do?
- What work is being undertaken locally & nationally?
- How to get involved:
 - Kay and/or Aisha

Thank you