



Good health, good lives

Report about our project
to help people with learning disabilities
who live in supported living



October 2022

About this booklet



We did a project to help people with a learning disability who live in **supported living**.



Supported living means a place where you live and get care or support to help you live as independently as possible.



This booklet tells you more about our project.

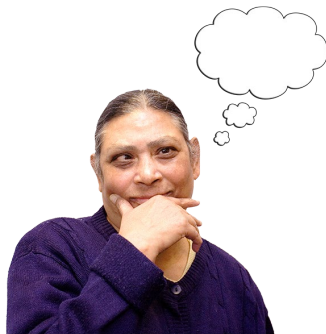


It also tells you what we learnt from the project and what we will do next.

About the project



Our project aimed to find out what happens when someone's health gets worse.



We wanted to work out how to stop people's health getting worse and what to do if their health does get worse.



Lots of organisations helped with this project and they talked to people with learning disabilities and their support workers.

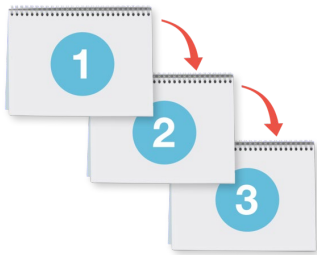


This helped us understand what people think and how they feel and what might help.

What we did



We tried different ideas in different places.



We chose some **tools** that we tested. A **tool** means a system to find out information.



We chose some supported living organisations that wanted to help.



We made our information in Easy Read and other formats.

What we found out



Lots of people were very helpful with this project. Together we found out



- it's easier for support workers who know a person well to notice if their health gets worse.



- bad **communication** between support workers and health workers makes care worse.
Communication means how you get and give information.



- good training in how to use tools and other systems is important.



- care is better when health and care workers work together well.

What we will do next



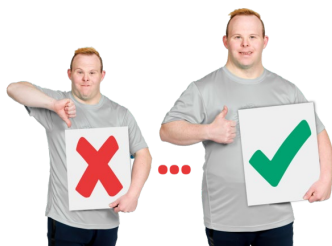
We want to try the same project with more people and in a bigger area.



We want lots of different organisations to work well together.



We want everyone to follow our tools and systems, and we will train workers.



We want to help make sure systems keep getting better.

An example of when someone's health got worse



This is a story about someone whose health started to get worse.



A support worker noticed the person's health was worse. They used a machine called an oximeter to check the person had the right amount of oxygen in their body. Oxygen is in the air we breathe, and we need it to live.



They found that the person's oxygen level was low and took them to hospital.



Because the support worker noticed and did some checks, the person was taken to hospital quicker.



Thank you to A2i for the words
www.a2i.co.uk (reference 35815)

This is a summary report created for the document
LeDeR managing deterioration programme Final report