



HEALTH INEQUALITIES

NOTTINGHAM



POPULATION DIVERSITY

65.9% of the population of Nottingham are White British (English, Welsh, Scottish, Northern Irish, British) compared with **81%** in England. **30.8%** of the population have ethnic minority heritage compared to **16.8%** in England. See chart on page 3 for more detail. (ONS 2021 - accessed from Nomis – official census and labour market statistics)

HEALTH

The under 75 mortality rate from all cardiovascular diseases in Nottingham is **125.9** per 100,000 population, compared to **74.3** in England. (DHSC 2024)

The percentage of physically active adults (19+ yrs) in Nottingham is **65.4%** compared to **68.0%** in England. (DHSC 2024-25)

The prevalence of smoking among people aged 18 years and over in Nottingham is **13.1%**, compared with **10.4%** in England. (DHSC 2024)

Nottingham has **274** mental health in-patient stays per 100,000, compared with **204** in England. (DHSC 2022-23)

CHILD HEALTH

38.8% of children (under 16 years) live in relative low-income families in Nottingham, compared to **22.1%** in England. (DHSC 2023-24)

9.1% of mothers in Nottingham were smokers at the time of delivery compared to **6.1%** in England. (DHSC 2024-25)

The prevalence of obesity among children in Year 6 is **27.1%** in Nottingham, compared with **22.2%** in England. (DHSC 2024-25)

LIFE EXPECTANCY

The female life expectancy at birth is **80.3** years compared to **83.6** in England. (DHSC 2024)

The male life expectancy at birth is **76** years compared to **79.8** in England. (DHSC 2024)

EDUCATION

Children in Nottingham reach average attainment 8 score (achievement across 8 different subjects) of **43**, less than the score of **45.9** in England. (DHSC 2023-24)

28.6% of the population in Nottingham have achieved a higher-level qualification compared to **33.9%** in England. (ONS 2021 - accessed from Nomis – official census and labour market statistics)

LONG TERM CONDITIONS

7.7% is the prevalence of diagnosed and undiagnosed type 2 diabetes (16+ years) compared with **7.8%** in England. (DHSC 2021)

There are more people aged 65 - 74 who are registered blind or partially sighted in Nottingham, a value of **870** which can be compared with a value of **533** in England. (DHSC 2022-23)

There are **73.7%** of adults with a learning disability who live in their own home or with their family compared to **81.6%** in England. (DHSC 2023-24)

DEPRIVATION

The Index of Multiple Deprivation score for Nottingham is **33.75** higher than the score for England which is **21.81**. (DHSC 2025)

Fuel poverty (a measure of low income and low energy efficiency heating) is **15.2%** in Nottingham compared with **11.4%** in England. (DHSC 2023)



POPULATION

SIZE

Nottingham's population is

323,632

compared to 56.5m in England



DENSITY

Nottingham's population density is

4,337.6 people per km²

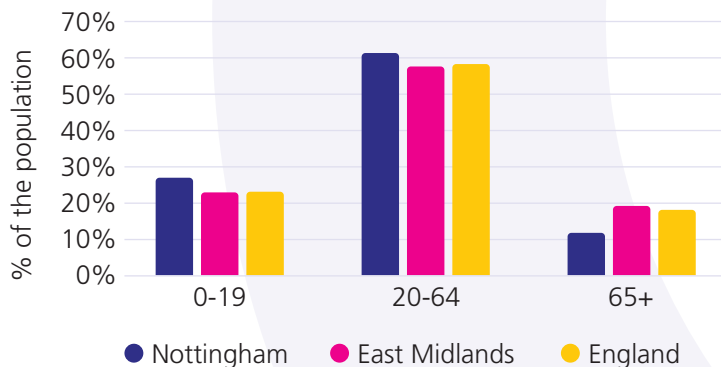
compared to 433.5 per km² across England



[Nomis - 2021 Census Area Profile - Nottingham Local Authority, East Midlands Region and England Country](#)

DEMOGRAPHICS

Age



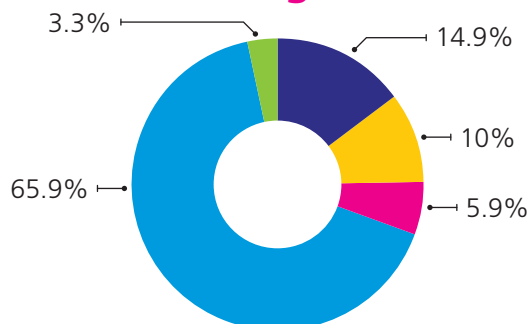
Sex



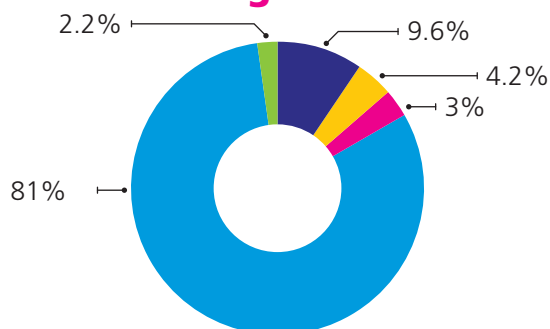
(compared to Male 49%, Female 51% in England)

Ethnicity

Nottingham



England



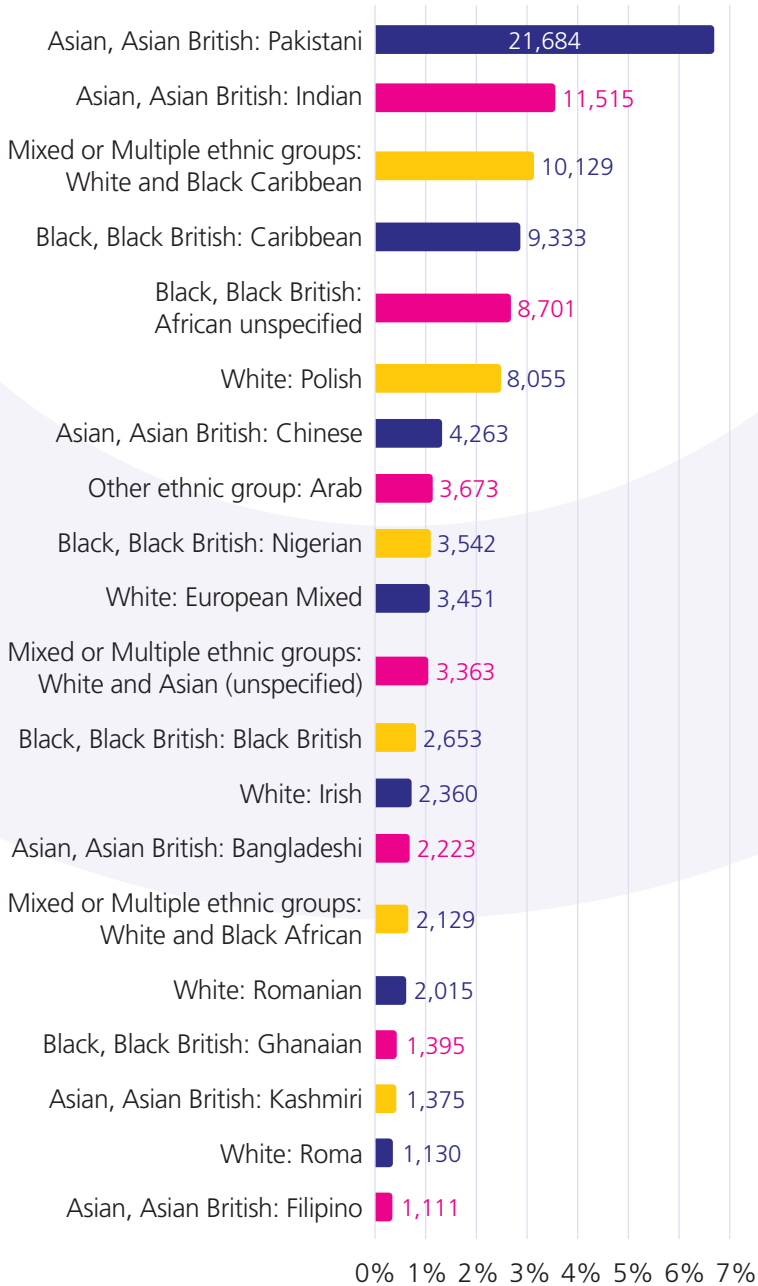
- Asian, Asian British or Asian Welsh
- Black, Black British, Black Welsh, Caribbean or African
- Mixed or Multiple ethnic groups
- White
- Other ethnic groups

Data taken from the 2021 Census

Top Twenty Ethnic Groups

% of total population

Ethnic Group (Detailed)*



* Ethnic Group (detailed) shows over 200 smaller groups down to single figures.

CHARACTERISTICS



Disability

8.2% of the population in Nottingham has a long-term health condition or disability where day to day activities are limited a lot, compared to **7.3%** in England.



Sexuality

4.7% of residents in Nottingham, aged 16 or over, identify as lesbian, gay, bisexual, pansexual, asexual or queer compared to **3%** in England.



Religion

In Nottingham **34.7%** of people follow the Christian religion, **12.2%** Muslim, while **41.2%** do not have a religious faith. This can be compared with average figures for England, where **46.3%** of people are Christian, **6.7%** Muslim and **36.7%** have no religious faith.



Language

17% of households have at least one person who uses a language that is not English, compared to **10.7%** in England. English is the only main language spoken in **82.9%** of households.

[Department of Health and Social Care, Public Health Profiles](#) were accessed between January and May 2026 to provide the statistics above, which were specifically obtained from the Cardiovascular Disease, Child and maternal health, Mortality Profile, Public Health Outcomes Framework, Obesity, physical activity and nutrition and the Smoking Profile.

Office for National Statistics data from the 2021 Census Profile, accessed through [Nomis - 2021 Census Area Profile - Nottingham Local Authority, East Midlands Region and England Country](#), and [Labour Market Profile - Nomis - Official Census and Labour Market Statistics](#) between January and April 2026.

The data referred to in this document was the latest available in July 2026. Some indicators are updated regularly online as new data becomes available for release. As such some figures in this document may not reflect the latest online data, which in some cases will provide a more current picture.

For more information, please contact
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